



Adults Future Options

The below report highlights the progress that Adult Social Care has achieved over the past 12 months in relation to the Alders Report for ADASS. The request from ADASS was to have an overview of need and requirements in order for Local Authorities to support appropriately. The Link to the ADASS report is at the end of this document.

Supporting Adults with a Learning Disability to have better lives framework

The aim of the framework is to help directors of adult social services work with their colleagues and partners to identify how they can improve how they support adults with a learning disability and how they can be assured that the care and support in their area is good value for money.

The vision has six interrelated and overlapping elements.

The six elements are:

Sheffield ASC responses

1. Inclusion

Support people with a learning disability to have good lives in their communities and to be treated with respect.

As a Local Authority and key public institution in Sheffield, it is our ambition to be at the forefront of making our city fair, diverse and inclusive for everyone.

Our approach is to work more closely in communities, with local area committees and communities of interest so that we are community connected and linked into the emerging Future Sheffield transformation programme.

We have recently commissioned Sheffield Voices (part of Disability Sheffield), a local peer advocacy organisation to support us to develop specialist engagement and co-production practice in learning disability social care. The 'Chance to Choose' project engaged with over 500 people with a learning disability and family carers leading to co-production to support the design of the new Adults Future Options Framework. The engagement and co-production is ongoing via 'We Speak, You Listen' forums leading to continual development of learning disability services in Sheffield. Including the involvement of people with lived experience in quality checking.

The provision from the new Framework will be: support within the home; opportunities outside the home and overnight breaks & respite. A key theme for providers on the framework will be ensuring that people who they are supporting are enabled to have a good quality of life and to maximise their wellbeing. Providers will also be expected to enable people to access activities within their local communities.

We are continually developing new housing options for individual with learning disabilities and autism in line with the market position statement developed regionally in 2022. Within this statement there is recognition that additional housing and support resource is needed across the region to support individuals with learning disabilities to remain connected to their local communities in adulthood.

In the statement there is some focus on enabling discharge from and preventing admission to long term mental health hospitals and wards. There is also focus on supporting individuals to step down from and prevent out of city residential placements.

As part of the focus in these areas, we have recently co-developed Highgreave, a bespoke Autism sensory, move on, support living environment that aims to work with individuals of a transition age. The service has the goals of supporting individuals in less restrictive environments, avoiding hospital admission and out of city placements. Another aim of this service is supporting individuals to develop skills and coping mechanisms to enable better integration into the community and promote a move on to lesser specialist environment within a period of 3-5 years.

In line with the values of the market position statement, we also developed Wordsworth View and Buchanan Green, in conjunction with Sheffield City Council Housing. Both projects aim to support individuals with learning disabilities to live alongside the wider community. Wordsworth View is an 8 self-contained flat supported living development aimed at supporting individuals from the Transforming Care programme to leave long stay hospitals and residential environments.

	<p>Buchanan Green has been developed as part of a larger extra care scheme to support 8 older individuals with a learning disability and autism to live alongside other older people in self-contained accommodation.</p>
<p>2. Equal access</p> <p>Have the same chances and access to services as everybody else. For example, being able to go to social and leisure opportunities or have access to housing, jobs, health, and transport.</p>	<p>Our understanding of how the personal characteristics of a person influences access to and experience of Adult Health and Social Care in Sheffield is underdeveloped.</p> <p>Work is underway to develop this intelligence through an analysis of data relating to access; and improved data collection processes for experience / outcomes which will allow the Council to link feedback on experience and outcomes to personal characteristics for the first time.</p> <p>We have a range of transformational change activities taking place right now which will shape adult health and social care in Sheffield for the coming years – changes like the recommissioning of homecare, and of Supported Living, the Care Home strategic review and the implementation of the new operating model. This is a major opportunity to make sure that change is made for the better, that cultural bias or unfairness is not ‘baked in’ to future arrangements and that people receive a consistently high standard of care and support irrespective of their background or personal characteristics. Capacity has been identified within the service to take forward this piece of work at pace to ensure that opportunities for improvement are not missed.</p> <p>Direct Payments enable people to choose very personal bespoke support that fits around the person’s lifestyle and choices, with support to plan in a way that works for them.</p> <p>Direct Payments enable people to buy or access everyday activities and opportunities. People are in control of the things they buy to meet their needs rather than being tied to council contracted services only. Our Personalisation Strategy will focus on developing Individual Service Funds to provide flexibility, choice and control for people that may not have the option of Direct Payments.</p> <p>Our involvement and engagement around market shaping means we are developing a market of alternative support options to improve diversity and choice.</p>

	<p>We are working in partnership with the DWP to deliver a supported employment project over the next 2 years, with the aim of supporting 70 people with a learning disability and/or autism into employment.</p>
<p>3. Person-centred planning and support</p> <p>Care and support plans are based on the person's strengths and needs and involves people, families and carers.</p>	<p>The Future Options Team have led the work on the National Transforming Care Programme, working with a specified cohort of inpatients with a Learning Disability and/or Autism, to support discharges from long stay LD/MH locked or Secure Units. They have very successfully supported other people with complex needs to greater independence by taking a person-centred approach.</p> <p>We are very proud of the support our team has provided to individuals, who have required complex care management, including forensic support, to ensure appropriate and timely discharges, that have supported them to re-enter the community safely and to prevent readmissions to hospital.</p> <p>By joint MDT working with SCCG and SHSC and NHSE, we have ensured that the focus has been about empowering and involving the person at the centre. We have surpassed our local targets, by collaborating, listening, and respecting each other and creating new ways of working. We have 'built the right support' for these individuals and have delivered outcomes that have seen individuals move onto accommodation and support in the least restrictive environment, with increased independence and living 'ordinary lives'.</p> <p>Support planning is being developed to look at the strengths, abilities and opportunities they bring. We take time to explore what people want and try new things, taking advantage of technology and equipment to enable people to be as independent as possible.</p> <p>To complement our person centred and outcomes focused approach, Providers on the new Adults Future Options Framework will be required to work with people to develop their person-centred plans and identify what outcomes each individual wishes to achieve. The providers will work with the individuals and their families, other carers, and advocates as part of this planning.</p>

	<p>As part of the change to the new framework, the approach to how these services are monitored will change. The monitoring will focus on how individuals are supported to achieve their outcomes.</p>
<p>4. Safeguarding</p> <p>Be safe in communities and free from the risk of discrimination, hate crime and abuse.</p>	<p>Sheffield City Council's aim is to achieve effective multiagency outcomes that address risks to wellbeing and safety whether through a safeguarding response or another pathway. We are currently modelling a Multi-Agency Safeguarding Hub (MASH); this will improve joint working and information sharing to include all organisations with accountability and responsibility for decisions and actions to keep people safe. MASH will support early intervention/prevention with adults at risk working in partnership across these organisations.</p> <p>Making Safeguarding Personal has six key principles of safeguarding which will underpin the work of the MASH team. These principles will inform the way that all professionals and staff work with adults by adopting a flexible approach with a focus on which aspects of wellbeing matters most to the adult and considering how identified risk will be mitigated.</p> <p>Strengthening our focus on preventing abuse and safeguarding with our partners and across the Council through co-developing a Multi-Agency Screening Hub, implementing our <u>Safeguarding Delivery Plan</u>, delivering our <u>Changing Futures Programme</u> and developing our approach to <u>Domestic Abuse</u>. Through the <u>Safeguarding Board Partnership</u>, we also commissioned an external review of our arrangements to inform future priorities for the Board – this will be completed by April 2023. The same external reviewer will then complete a review of the Council arrangements between May to October 2023 to inform an update and priorities for our <u>Safeguarding Delivery Plan 2023 – 2025</u> and the development of Council wide <u>Adult Safeguarding Governance and Assurance arrangements</u>.</p>

<p>5. Sustainable models of support</p> <p>Making sure support is right and lasts as long as it's needed.</p>	<p>We are developing the right type of support together with people who will use it and services that offer it enables us to create flexible options of support:</p> <ul style="list-style-type: none"> • Developing support planning techniques that consider strengths and look at short and long-term goals enable good planning. Reviewing at the right time is key. • Setting personal budgets that can be teamed and ladled means that people can buy the right support when its needed and can respond to day-to-day changes. <p>We are working alongside children's social care and the special educational needs department to look at the current approach to transitions and how we can better improve working relationships, service provision and working practices. This will enable us to bridge the gap for individuals transitioning between children's social care or special education needs services to adult social care. This project will lead to more sustainable services, enabling continuity for individuals and carers in the city.</p> <p>We are on the verge of awarding a ten year dynamic framework of providers and services aimed at supporting individual with disabilities in the city. The framework looks to establish services that have previously been spot purchased in the past, replacing a current framework that has come to an end and developing new services as identified through our co-production work mentioned previously. This will support in creating a sustainable, versatile marketplace, giving individuals, carers, social workers, and providers confidence there is a continual investment from social care in the development of disability support services in Sheffield. We have also launched an Enhanced Supported Living Framework, to support people with more complex needs and work with providers to develop bespoke housing options.</p>
<p>6. Progression</p> <p>People with all disabilities have the potential to live life the way they want and get new skills.</p>	<p>Enabling a decisive shift towards promoting independence through developing our use of technology enabled care with key projects such as the Happiness Project, our Equipment and Adaptations Criteria and development of Our Sheffield Directory and Digital Strategy , which will be launched in 2023 along with key projects which</p>

The framework should support services to include everyone, be person-centred, safe, long-lasting and give people the same chances as everyone else.

further embed our use of digital technologies to enable people to live healthy, independent lives and more easily find out about our services, supports on offer and what we do.

- **Practice and Performance Standards** - Practice framework and a continuous improvement culture across all aspects of social care so that we are continually learning to develop excellent services and support to people of Sheffield.
- **Future Design of Adult Social Care** - This includes completing the restructure of long-term social work, the transfer of mental health social work back to the Council and strategically developing multi-disciplinary place-based teams around primary care networks in Sheffield as a key next step for integrated health, care and voluntary sector working in communities across Sheffield and consolidating our approach to early help and prevention with our partners across the city.
- As key enablers to our future design, implementing a future **commissioning and quality improvement model and service** based on best practice, robust Governance and Practice Development Service and use of technology and digital systems.
- **Equalities and Diversity** - Approach to working more closely in communities, local area committees and with communities of interest so that we are community connected and linked into the emerging Future Sheffield transformation programme.
- **New model of safeguarding**, safeguarding assurance and a model for multi-agency working through development of a multi-agency safeguarding hub.
- A new **care and wellbeing at home** model and working age adults' provision as well as stabilising and further developing our care home provision and further developing our approach to admission avoidance and hospital discharge with partners across the City.
- Agree new **workforce strategy** and development framework for the 14,000 ASC sector along with a robust care sector recruitment and marketing campaign planned for February 2023. It will be our focus throughout 2023 to meaningfully value our social care workforce.

	<ul style="list-style-type: none"> • Completing the move to a new information, advice, and guidance platform, and systematically improving content so that citizens can find information easily about us. • Finalising new involvement approach (co-produced) and consolidating our relationships with the voluntary sector so that we achieve best practice. • Good support planning gives people opportunity to consider their goals and aspirations for progression. • Having Direct Payments based against outcomes gives people time to test a range of things / activities out without requiring continuous input or reviews from social care staff. • Personal Budgets through Direct Payments and ISFs are open to all ages so progression through life stages or social care services, i.e. children to adults can run smoother as support can remain more consistent
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ADASS hyper link: [Supporting adults with a learning disability to have better lives framework | Local Government Association](#)

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Learning Disabilities Benchmarking Summary – number of people supported and their costs

People receiving long term support at the end of 21/22 per 100,000 18-64 population – LD

Service	Sheffield	Leeds	Liverpool	Nottingham	Birmingham	Newcastle	Bristol	Manchester	Core Cities	CIPFA Group	Y&H	England
Nursing Care	8	3	11	4	3	5	3	3	5	4	3	3
Residential Care	39	46	11	87	68	29	67	29	48	43	58	60
Community	336	308	389	275	225	378	236	241	288	334	313	304
Total	383	357	411	367	296	412	307	272	341	381	374	367

- Sheffield supports a similar number of people per population to other LAs.
- Sheffield has a slightly lower proportion of people supported in care homes than others (apart from the CIPFA group which is very similar).

People receiving long term support at the end of each financial year in per 100,000 18-64 population – LD

Service	21/22	20/21	19/20
Nursing	8	11	11
Residential	39	37	38
Community	336	330	337
Total	383	378	385

- The number supported in Sheffield dipped slightly in 20/21 due to the pandemic but increased back to 19/20 levels in 21/22.
- The 3 people reduction per 100,000 population in nursing is 11 people.

Gross expenditure (long term care £000s) in 21/22 per 100,000 18-64 population – LD

Service	Sheffield	Leeds	Liverpool	Nottingham	Birmingham	Newcastle	Bristol	Manchester	Core Cities	CIPFA Group	Y&H	England
Nursing Care	£872	£151	£840	£331	£205	£164	£356	£143	£362	£336	£255	£187
Residential Care	£3,960	£4,451	£2,292	£6,408	£6,112	£2,440	£7,019	£3,074	£4,644	£3,948	£4,581	£5,130
Supported Accommodation	£76	£231	£0	£3	£0	£198	£5,338	£9,866	£1,842	£1,434	£368	£1,021
Community: Supported Living	£4,634	£7,663	£12,105	£4,291	£3,138	£16,282	£2,167	£0	£5,523	£6,442	£5,947	£5,316
Community: Home Care	£246	£387	£123	£165	£1,417	£1,758	£120	£407	£630	£708	£866	£1,121
Community: Direct Payments	£5,237	£825	£58	£978	£1,933	£1,386	£971	£1,159	£1,638	£2,174	£2,536	£2,231
Community: Other long term care	£833	£2,734	£1,422	£1,764	£1,621	£722	£1,051	£2,380	£1,674	£1,574	£1,843	£1,739
Total	£15,858	£16,441	£16,725	£13,940	£14,425	£22,950	£17,022	£17,028	£16,313	£16,614	£16,395	£16,745

- Overall spend per population in Sheffield is generally lower than others.
- Sheffield spends significantly more than others on direct payments. However, some of this may be due to Sheffield using direct payments to purchase support such as supported living which skews the comparisons in this and the other service categories.
- The Supported Accommodation category includes long term placements in: Adult placement schemes (Shared Lives), Hostels, Unstaffed homes, Partially staffed homes or Group homes. There may be recording differences across different LAs.
- Finance systems are not fully aligned to reporting by these categories, so a methodology on apportionment of costs has been applied. Other LAs will also be applying various methodologies and therefore comparisons should be taken as a starting point for further investigation rather than an exact figure.

Gross expenditure (long term care £000s) at the end of each financial year per 100,000 18-64 population – LD

Service	21/22	20/21	19/20
Nursing Care	£872	£985	£414
Residential Care	£3,960	£2,623	£2,395
Supported Accommodation	£76	£73	£84
Community: Supported Living	£4,634	£5,203	£3,622
Community: Home Care	£246	£1,007	£786
Community: Direct Payments	£5,237	£4,491	£4,520
Community: Other long term care	£833	£81	£137
Total	£15,858	£14,462	£11,957

- Spend per population has increased over the last 2 years. This increase has been across most service types.
- The year-on-year increase is bringing Sheffield closer to the England average which was £15,692 in 19/20, £16,158 in 20/21 and £16,745 in 21/22.
- 20/21 spend was artificially increased due to payments to providers linked to the pandemic.
- Finance systems are not fully aligned to reporting by these categories, so a methodology on apportionment of costs has been applied. Apportionment of generic provider payments (such as COVID related payments), accruals etc will therefore affect any trend analysis.